

Directions (anti-clockwise, south to north)

- 20 Start at Georges Close where Whipton Lane meets Vaughan Rd. Enter Hamlin Lane playing field from Georges Close and follow stream to far end
- 21 At Polsloe Bridge station (public toilets) turn right under bridge on Pinhoe Road
- 22 Cross Pinhoe Rd at traffic lights at Beacon Lane junction. Turn left then right along path beside pub
- 23 Footpath crosses straight over Beacon Avenue and under railway
- 24 Straight up St Katherines Rd to cross Calthorpe Rd at central refuge into Mincinglake Valley Park
- 25 Keep to main gravel track to left through Mincinglake Valley Park
- 26 Cross Stoke Hill to bridleway opposite
- 27 Keep to bridleway between houses and stream, turning left uphill after play area, then left at top of hill and left again (to avoid steep muddy bridleway, go left through play area to Stoke Valley Road. Turn right and up to Pennsylvania Rd)
- 28 Emerge at junction of Pennsylvania Rd and Stoke Valley Rd



**Exeter Green Circle Walking Route**

- On footpath, pavement or quiet road (generally smooth surfaces; occasional kerbs)
- On public footpath or bridleway or permitted footpath (surface may be rough or muddy; occasional gates and steps)
- Connecting footpaths
- Viewpoint
- Connecting bus routes to and from City Centre (times and routes subject to change)
- Railway line

miles of surprises

The EXETER GREEN CIRCLE is a twelve-mile walk that provides a great walking experience within the boundaries of Exeter – from countryside valley parks to the pavements of quiet leafy suburbs.

This part of the Green Circle follows Mincinglake stream between its source in the rolling farmland north of Sylvania Park and on to the former village of Whipton. The walk includes Mincinglake Valley Park, a former landfill site, now an attractive countryside park with butterfly-rich flower meadows. There are superb views down the Exe estuary to the sea from viewpoints near the route in the Valley Park.



printed Spring 2009

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miles of surprises

# The Mincinglake Walk



## The Mincinglake Walk

- A little over two miles between Whipton Lane and the top of Pennsylvania Road
- Mostly along footpaths and bridleways
- Contrast the flatter part of the city, around Whipton, with the undulating meadows of Mincinglake Valley Park
- Stunning views down the Exe Estuary

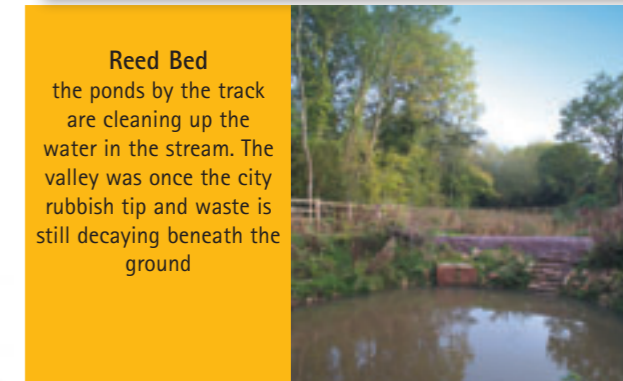


**St Katherine's Priory** (seen from the path) The nuns of the Priory built a dam in the Mincinglake valley over 600 years ago. This created a lake which powered their cornmill and provided fish for the table.

**20** Numbers refer to notes overleaf



**Rollestone Estate**  
Rolling hills of typical Devon wooded farmland. Watch for roe deer



**Reed Bed**  
the ponds by the track are cleaning up the water in the stream. The valley was once the city rubbish tip and waste is still decaying beneath the ground



**Mincinglake**  
Meaning 'nun's stream' after the nuns from the nearby St Katherine's Priory. The stream is deeply cut into its wooded valley